# Best practice 2019-20

### **SEP (STUDENT EMPOWERMENT PROGRAMME)**

## **Objectives**

The major objectives of the program organised were.

- Development of personal and professional competency required for a teacher.
- Enhancement of life skill strategies.
- Enhancing the performance in teacher eligibility tests.

During the year 2019 a number of programs were organised as part of the student empowerment programme by integrating with the curricular and co-curricular activities of the college.

#### Context

As part of the curriculum enrichment programme and skill development programme, the college organised the seminars and workshops for the student teachers. The prospective teacher who enters into the teaching profession need a proper orientation towards the course in order to build up appropriate personality traits required for a teacher. A seminar on 'moulding prospective teachers' was organised by the college union for the newly admitted prospective teachers that provided a professional and personal orientation on 8th July 2019. During the academic year, for the third semester B.Ed. degree students, a skill development programme was organised in the form of a workshop. The context in which the workshop arranged included application of life skill strategies with special reference to a secondary school teacher.

The entrepreneurship development cell took an initiative in organising motivation class for the students to enhance the memorization techniques - 'Ormayude rasathanthram'. The session intended to enhance the teaching learning skills of the student teachers. The orientation for various teacher eligibility tests (CTET, KTET, SET etc) is another student empowerment program which is continuously practiced in the college. Apart from regular classroom orientation to eligibility test with reference to crack subject papers, a session on orientation to tests is given to students who appear for the examination during the cause of study. Thus, the need for developing required competencies as part of the professional course necessitated the organisation of SEP during the year.

### The Practice

The actual implementation of the various programmes were ensured through the proper scheduling as per the discussion of the institution. The scheduling of the SEP programme during the year is given below:

Date	Name of the Programme	Resource Person
07/07/2019	Seminar on 'Moulding Prospective Teachers'	Dr. K.S. Anitha, Former Principal S.N. Training College, Nedunganda
02/12/2019	Orientation for Teacher Eligibility Tests	Mr. Dibeesh Babu V.I., Director, Florence Academy, Trivandrum
07/12/2019	Session on 'Ormayude Rasathanthram'	Mr. Rajesh Maheswar, Psychologist and Memory Trainer, Trivandrum
08/01/2020	Workshop on Soft Skill development	Dr. Sangeetha N.R., Assistant Professor, S.N. Training College, Nedunganda

#### **Evidence of success**

Development of proper attitude towards the course among student teachers were evidence after the bridge course with special reference to the session on Moulding Prospective Teachers. It was an ice breaking session for the students towards teaching profession. The application of the theoretical knowledge that the students received through the session 'Ormayude Rasathanthram' and orientation to teacher eligibility test were evident in the academic performances as well as achievement in teacher eligibility tests. The session on soft skill strategies is evident on the actual classroom practices during the practice teaching phases. It is also evident in the development of life skill strategies development session by the students in the 4th semester student empowerment program. The communication as well as presentation skills developed as part of the various session were evident in the paper presentation session by student teachers related to Ozone Day Celebration, Sustainable Development goals and Skill based education.

## Seminar on 'Moulding Prospective Teachers'









**Programme on Ormayude Rasathanthram- Memory Technique** 





# Problems encountered and the Resources Required

The rigid academic time scheduling is the major problem encountered while implementing SEP in the college. Hence instead of organising as a separate practice due to the limited time scheduling most of the activities are designed as part of the curricular and co-curricular programme in collaboration with various clubs and the subject association of the college.

#### **SNEHAPOORVAM**

# **Objectives of the program**

- To develop social consciousness among student teachers.
- To enhance the interaction between community and Sree Narayana training College.
- To disseminate awareness session on various subjects among the rural community.

#### The context

It is a community-oriented service rendered by the college where students, teachers, alumini and teaching staff join their hands to help our nearest community. During the academic year a series of activities were implemented by the college. The locality where the institution situated belong to socio-economically weaker sections of society. Hence the college actively participate in helping the village through donations, awareness programmes, campaigns etc.

## The practice

As part of the observation of Sankar's day -the commemoration day of founder manager, R. Sankar, the college distributed rice for the needy people in the locality. It is a continuous practice of the college on 7th November every year. The year 2020 was marked by the entry of Covid-19 the pandemic the whole world become shutdown. During the period the students of Sree Narayana Training College has prepared e-contents in the form of awareness videos for the public regarding the precautions to be considered to avoid spreading of corona virus. The prepared videos were made available to the public through social media.

The institution took initiative in preparing and distributing sanitizer and masks for the villagers. On account of the lockdown the institution became the Covid first line treatment centre (CFLTC) by the government of Kerala. Hence majority of the programmes planned as part of the snehapoorvam project was not implemented properly.

## **Evidence of success**

The students become prepared for giving awareness class on Covid-19 pandemic for the public. The initiative of the college during the preliminary stages of pandemic had made them to became part of the covid warriors of the projects implemented by the state government in the later period of the Covid pandemic.



Observation of Sankar's Day - Distribution of Rice





**Corona Awareness campaigns** 

Sanitizer prepared for villegers

Link for Corona Awareness Programmes prepared by student teachers

<a href="https://sntc2020.blogspot.com/2020/04/corona-awareness-activity-by-students.html">https://sntc2020.blogspot.com/2020/04/corona-awareness-activity-by-students.html</a>

<a href="https://youtu.be/rPzdlQB572k">https://youtu.be/rPzdlQB572k</a>

<a href="https://youtu.be/XC1mdTgq9Jl">https://youtu.be/XC1mdTgq9Jl</a>

# **Problems encountered and the Resources Required**

Due to the outbreak of Covid 19, majority of the programmes planned were not implemented due to lock down.



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